



Discover your Raleigh Parks and Recreation Department

*****Pre-registration required for all programs*****

SOCIAL

Family Night at the Movies

Age: All ages. Come join us the 1st Friday of each month for a movie. Bring yourself, bring a friend, bring your mom, and bring your dad. Kick back, relax, and have fun! Pre-registration is required. Class Fee: \$0

May 6	Friday	6:00-8:00pm
June 3	Friday	6:00-
8:00pm		
July 1	Friday	6:00-8:00pm
August 5	Friday	6:00-8:00pm

Game It Up

Age: All ages. Socialize with friends while playing popular games like Uno, Connect Four, Sorry, Twister. Like a challenge? Try Pictionary, Taboo, or Cranium for the older gamers. Class Fee: \$0

May 13	Friday	6:00-8:00pm
June 10	Friday	6:00-8:00pm
July 8	Friday	6:00-8:00pm
August 12	Friday	6:00-8:00pm
32		

Let Kids be Kids!

Age: 5-12. Bring your child to Sanderford Road Center for an evening full of fun and excitement! Participants will enjoy a variety of activities which may include board games, arts and crafts, computer time, or a movie at the center. Please bring a snack or your dinner. Class Fee: \$0

May 20	Friday	6:00-8:00pm
July 22	Friday	6:00-8:00pm

Teen Time

Age: 13-17. Teens, it's that time at Sanderford Road Center! This program encourages teen socialization, volunteerism, and recreation. Participants will have the opportunity to discuss issues that impact

teens as well as explore interests of their own. It's your time. Class Fee: \$0

June 24	Friday	6:00-8:00pm
August 19	Friday	6:00-8:00pm

AFTERSCHOOL**Community Afterschool Program**

Age: 5-12. The Community Afterschool Program is being offered at several local Community Centers for children K-6th grade following the Wake County Traditional school calendar. This program is designed to offer recreation activities, homework assistance, and arts & crafts. For registration information contact your local community center. Cost: \$0

May 1-June 10**Monday-Friday****3:00-6:00pm****COMPUTER PROGRAMS****Basic Computer I in Spanish/Computacion Basica Nivel I**

Age: 16 to adult. This course will introduce basic computer skills. Students will learn how to use the computer keyboard, type simple documents, navigate through internet and other topics. Este curso tiene como objetivo introducir conocimientos básicos de computación. Los estudiantes aprenderán como usar el teclado, escribir documentos simples, usar la Red (Internet) y otros temas.

Cost: \$40 Resident, \$50 Non-Resident

May 4-June 8**Wednesday****6:00-8:00pm****June 15-July 20****Wednesday****6:00-8:00pm****Basic Computer II in Spanish/Computacion Basica Nivel II**

Age: 16 to adult. This course will be a continuation of Basic Computers I in Spanish with emphasis on learning how to manage files, word processor, spreadsheets software and other topics. Este curso es una continuación de la clase de Computación Básica Nivel I en Español con énfasis en el aprendizaje del manejo de documentos, procesador de palabras y hojas de cálculos además de otros temas.

Cost: \$40.00 Resident, \$50 Non-Resident

May 5-June 9**Thursday****6:00-8:00pm****June 16-July 21****Thursday****6:00-8:00pm****PRESCHOOL****Enchanted Musical Theater**

Age: 2-5. Come explore the wonderful world of enchanted musical theater! Your preschooler will enjoy the magic of movement while learning fundamental ballet techniques. Creativity and artistic expression encouraged! Class Fee: \$32 Resident, \$42 Non-Resident

June 6-27**Monday****5:00-6:00pm****Tumbling Ballerina**

Age: 2-5. This class combines creative movement, beginning ballet, and tumbling to give preschool dancers an introduction to dance and gymnastics. Basic Techniques and combinations will be taught. Expect a time for self-expression and fun!

June 6-June 27**Monday****6:00-7:00pm****Hippity N' Roll**

Age: 2-5. This class uniquely combines hip hop dance with tumbling in a fun and energetic atmosphere. This high-energy class encourages creative and rhythmic dance. Are you ready yet? See you at Sanderford!

July 11-August 1**Monday****5:00-6:00pm****Oh the Places We Will Go!**

Age: 2-5. Come along and ride on the magic carpet as we dance to the most popular songs from your favorite movies! A wonderful time guaranteed! See you at Sanderford!

June 7-28**Tuesday****5:00-6:00pm****July 12-August 2****Tuesday****5:00-6:00pm**

YOUTH DANCE

Grade School Hip-Hop

Age: 6-12. Join us at Sanderford Road Center for a youth hip-hop class where your child will learn rhythmic hip hop movements to the latest beats and sounds! If you like to dance, then this is the class for you! Cost: \$32 Resident, \$42 Non-Resident

July 11-August 1 **Monday** **6:00-7:00pm**

Mix and Mingle

Age: 6-12. Go on a journey where old school meets new school to all of the coolest hit singes! Learn creative movements from all dance styles. See you at Sanderford! Cost: \$32 Resident, \$42 Non-Resident

June 7-28 **Tuesday** **6:00-7:00pm**

July 12-August 2 **Tuesday** **6:00-7:00pm**

ADULT FITNESS & DANCE

Jazz Dance Fusion

Age: 13 and up. A funky jazz and hip hop combination class where you will learn rhythmic hip hop movements with a twist of jazz. If you like to dance, this is the class for you! Class Fee: \$32 Resident, \$42 Non-Resident

June 6-27 **Monday** **7:00-8:00pm**

Street Jazz

Age: 13 and up. Funky jazz and hip-hop combination class where you will learn rhythmic hip hop movements with a twist of jazz. If you like to dance, then this is the class for you! Cost: \$32 Resident, \$42 Non-Resident

June 7-28 **Tuesday** **7:00-8:00pm**

July 12-August 2 **Tuesday** **7:00-8:00pm**

Cardio Hip Hop

Age: 16 and up. Let's get moving with this highly energized and upbeat class that combines a variety of exercises and hip hop movements. This class is sure to increase your energy level and improve your quality of life. Class Fee: \$32 Resident, \$42 Non-Resident

July 11-August 1 **Monday** **7:00-8:00pm**

YOUTH FITNESS

Fun Fitness

Age: 5-12. Sanderford Road Center knows how to make exercising fun! Kids can use their enthusiasm while embarking on new adventures in exercise. Kids will play group games and participate in field games. Let's get fit! Class Fee: \$0

May 18 **Wednesday** **5:00-6:00pm**

June 15 **Wednesday** **5:00-6:00pm**

July 13 **Wednesday** **5:00-6:00pm**

August 17 **Wednesday** **5:00-6:00pm**

ART & SPECIAL PROGRAMS**Mother's Day Arts & Crafts**

Age: 5 to 12. Class Fee: \$0

May 6**Friday****5:00-6:00pm****Memorial Day Arts & Crafts**

Age: 5-12. Class Fee: \$0

May 27**Friday****5:00-6:00pm****Father's Day Arts & Crafts**

Age: 5-12. Class Fee: \$0

June 17**Friday****5:00-6:00pm****Independence Day Arts & Crafts**

Age: 5 to 12. Class Fee: \$0

July 1**Friday****6:00-7:00pm****Friendship Day Arts and Crafts**

Age: 5 to 12. Class Fee: \$0

August 5**Friday****6:00-7:00pm**SENIOR PROGRAMS**Senior Indoor Picnic**

Age: 55 and better. Join the staff of Sanderford Road Center for a summer picnic. You will have the opportunity to meet your neighbors, socialize, and have an informative discussion about establishing your new senior's club at Sanderford Road Center. Come and give your input regarding a club meeting day, time, activities, and becoming a club officer. Refreshments will be served. Cost: \$0

June 20**Tuesday****10:30am-12:00pm****Seniors-Relax, Relate, Release**

Age: 55 and better. Join the staff of Sanderford Road Center for a relaxing activity that is sure to make you feel brand new! You will have the opportunity to meet your neighbors, socialize, and have an informative discussion about establishing your new senior's club at Sanderford Road Center. Come and give your input regarding a club meeting day, time, activities, and becoming a club officer. Refreshments will be served. Cost: \$0

August 16**Tuesday****10:30am-12:00pm**SPECIAL EVENTS**Community Day**

Age: All ages. Please join us for a celebration of our 2nd birthday at Sanderford Road! Enjoy field games, arts and crafts, youth activities and much more!!! All ages are welcome. Fun times-see you at Sanderford!

July 30**Saturday****TBD**